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About The Author

Balakrishnan Menon was born on May 8th 1916 in Ernakulam, Kerala.

Balakrishnan - an intermediate school graduate.

Balakrishnan - a postgraduate in Literature and Law.

Balan - the journalist for Jawaharlal Nehru's newspaper, the National Herald. Actively joined India's independence movement and was imprisoned.
Balan chanced upon some articles by Swami Sivananda and on other saints of the Himalayas that aroused both his interest and skepticism.

Inquisitive Balan takes the journey into the Himalayas.

Balan renounces the world. Swami Chinmayananda is born.

Studying under the master - Swami Tapovan Maharaj.
The master begins his journey.

Blazing the global trail.
A Unique Master

Towering strength, love and compassion.
The Gītā is for the intelligent being who demands perfection in themselves.
Swami Chinmayananda

A true votary of Gītā does not know what disappointment is.
Mahatma Gandhi

The Gītā is the voice of God. It has the gospel for the whole world.
Emerson

The Bhagavad Gītā is perhaps the most systematic spiritual statement of the perennial philosophy.
Aldous Huxley